





Thank you for joining us today for Mass!

-*-There is nothing like receiving the Holy Eucharist-*
We hope to see you soon.



Gathering Song: Rain Down

Greeting

Penitential Act: Confiteor

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; Therefore I ask blessed Mary ever-Virgin, all the Angels and Saints; and you, my brothers and sisters, to pray for me to the Lord our God.

-AND/OR-

Lord have Mercy, Christ have Mercy, Lord have Mercy

GLORIA

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, We give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord, Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, You take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father, Amen. Glory to God in the highest, and on earth peace to people of good will.

Liturgy of the Word

1st Reading Ex 16:2-4, 12-15

The whole Israelite community grumbled against Moses and Aaron.

The Israelites said to them, "Would that we had died at the LORD's hand in the land of Egypt, as we sat by our fleshpots and ate our fill of bread! But you had to lead us into this desert to make the whole community die of famine!"

Then the LORD said to Moses,
"I will now rain down bread from heaven for you.
Each day the people are to go out
and gather their daily portion;
thus will I test them, to see whether they follow my
instructions or not.

"I have heard the grumbling of the Israelites.
Tell them: In the evening twilight you shall eat flesh, and in the morning you shall have your fill of bread, so that you may know that I, the LORD, am your God."

In the evening quail came up and covered the camp. In the morning a dew lay all about the camp, and when the dew evaporated, there on the surface of the desert were fine flakes like hoarfrost on the ground.

On seeing it, the Israelites asked one another, "What is this?" for they did not know what it was.
But Moses told them, "This is the bread that the LORD has given you to eat."

The Word of the Lord, ~Thanks be to God

Responsorial Psalm Ps 78:3-4, 23-24, 25, 54

R. The Lord gave them bread from heaven.

What we have heard and know, and what our fathers have declared to us, we will declare to the generation to come the glorious deeds of the LORD and his strength and the wonders that he wrought.

R. The Lord gave them bread from heaven.

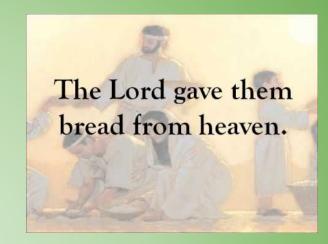
He commanded the skies above and opened the doors of heaven; he rained manna upon them for food and gave them heavenly bread.

R. The Lord gave them bread from heaven.

Man ate the bread of angels, food he sent them in abundance.

And he brought them to his holy land, to the mountains his right hand had won.

R. The Lord gave them bread from heaven.



2nd Reading Eph 4:17, 20-24

Brothers and sisters: I declare and testify in the Lord that you must no longer live as the Gentiles do, in the futility of their minds; that is not how you learned Christ, assuming that you have heard of him and were taught in him, as truth is in Jesus, that you should put away the old self of your former way of life, corrupted through deceitful desires, and be renewed in the spirit of your minds, and put on the new self, created in God's way in righteousness and holiness of truth.

The Word of the Lord, ~Thanks be to God



Alleluia

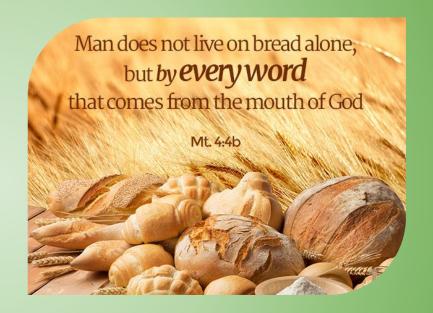
R. Alleluia, Alleluia, Alleluia, Alleluia.

One does not live on bread alone, but on

Every word that comes forth

from the mouth of God.

R. Alleluia, Alleluia, Alleluia.



Gospel Jn 6:24-35

"Amen, amen, I say to you,

When the crowd saw that neither Jesus nor his disciples were there, they themselves got into boats and came to Capernaum looking for Jesus. And when they found him across the sea they said to him, "Rabbi, when did you get here?" Jesus answered them and said. "Amen, amen, I say to you, you are looking for me not because you saw signs but because you ate the loaves and were filled. Do not work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you. For on him the Father, God, has set his seal." So they said to him, "What can we do to accomplish the works of God?" Jesus answered and said to them. "This is the work of God, that you believe in the one he sent." So they said to him, "What sign can you do, that we may see and believe in you? What can you do? Our ancestors ate manna in the desert, as it is written: "He gave them bread from heaven to eat." So Jesus said to them.

it was not Moses who gave the bread from heaven; my Father gives you the true bread from heaven.

For the bread of God is that which comes down from heaven and gives life to the world."

So they said to him,
"Sir, give us this bread always."
Jesus said to them,
"I am the bread of life;
whoever comes to me will never hunger,
and whoever believes in me will never thirst."

The Gospel of the Lord,

~ Praise to you Lord Jesus Christ

Profession of Faith:

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made.

For us men and for our salvation He came down from heaven. and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake He was crucified under Pontius Pilate, He suffered death and was buried,

and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and His kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins

and I look forward to the resurrection of the dead and the life of the world to come. **Amen.**

Universal Prayer: Prayers of Petition

~ Risen Lord, hear our prayer

Liturgy of the Eucharist

Eucharistic Acclamations:

R: Blessed be God forever

R: Blessed be God forever

~*~*~*~*~

R: May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all His holy Church ~*~*~*~*~*

R:And with your spirit

R:We lift them up to the Lord

R:It is right and just.

Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full, full of your glory.

Hosanna, hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna, Hosanna in the highest.

Hosanna, Hosanna in the highest.

We proclaim your Death, O Lord, and profess your Resurrection, until you come again.

Or

When we eat this Bread and drink this Cup We proclaim your Death, O Lord, until you come again

O

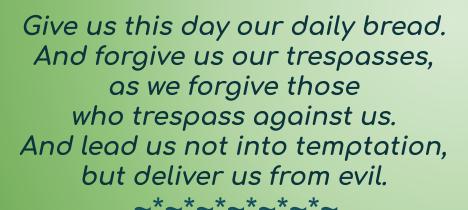
Save us, Savior of the world, for by your Cross and Resurrection you have set us free

Amen, Amen, Amen, Amen

The Lord's Prayer

The Lord's Prayer

Our Father, Who art in heaven,
Hallowed be Thy Name.
Thy Kingdom come.
Thy Will be done,
on earth as it is in Heaven.



For the kingdom, the power and glory are yours now and forever.~Amen



~*~*~*~*~

Sign of Peace

R: And with your Spirit

(to one another):

~ Peace be with you!



Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

R: Lord I am not worthy that should enter under my roof, but only say the word and my soul shall be healed.





Communion Song: Bread of Life



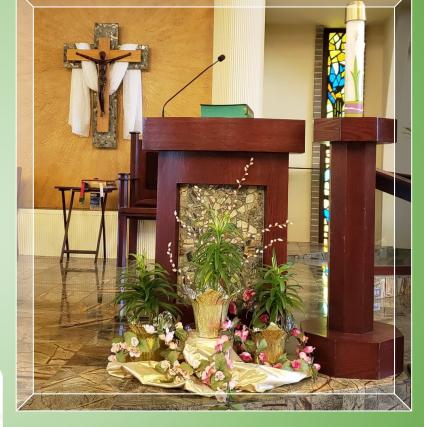
Concluding Rite Closing Song: All the Ends of the Earth

Vocations Prayer

Heavenly Father, Bless our diocese with the grace of many vocations to the priesthood, diaconate and to religious life. Through the intercession of the Blessed Mother, grant to those You have called the willingness and the generosity of spirit to give of themselves in devoting their lives and their talents to the service of our Lord and to His Church. Increase the faith of all within our diocese, and especially the faith of those You are calling. We ask this through Christ, Your Son our Lord.

~ Amen









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