

**St. Leo's Parish Community**  
*Third Sunday of Lent*  
Sunday, March 8, 2026

# Entrance Antiphon

# THIRD SUNDAY OF LENT

**THIRD SUNDAY OF LENT**  
**ENTRANCE ANTIPHON [1]**  
Steve Angrisano, Sarah Hart, and Curtis Stephan

My eyes are al - ways on the Lord, for he  
res - cues my feet from the snare. Turn to me and have mer - cy on  
me, for I am a - lone and poor.

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# Greeting

## **Penitential Act: *Confiteor***

I confess to almighty God and to you,  
my brothers and sisters,  
that I have greatly sinned in my thoughts  
and in my words,  
in what I have done  
and in what I have failed to do,  
through my fault, through my fault,  
through my most grievous fault;  
Therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints;  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

-AND/OR-

Lord have Mercy,  
Christ have Mercy,  
Lord have Mercy

# Liturgy of the Word

## 1st Reading Exodus 17:3-7

In those days, in their thirst for water,  
the people grumbled against Moses,  
saying, “Why did you ever make us leave Egypt?  
Was it just to have us die here of thirst  
with our children and our livestock?”  
So Moses cried out to the LORD,  
“What shall I do with this people?  
a little more and they will stone me!”  
The LORD answered Moses,  
“Go over there in front of the people,  
along with some of the elders of Israel,  
holding in your hand, as you go,  
the staff with which you struck the river.  
I will be standing there in front of you on the rock in Horeb.  
Strike the rock, and the water will flow from it  
for the people to drink.”  
This Moses did, in the presence of the elders of Israel.  
The place was called Massah and Meribah,  
because the Israelites quarreled there  
and tested the LORD, saying,  
“Is the LORD in our midst or not?”

The Word of the Lord~**Thanks be to God**

## Responsorial Psalm Psalm 95:1-2, 6-7, 8-9

**R. (8) If today you hear his voice, harden not your hearts.**

Come, let us sing joyfully to the LORD;

let us acclaim the Rock of our salvation.

Let us come into his presence with thanksgiving;

let us joyfully sing psalms to him.

**R. If today you hear his voice, harden not your hearts.**

Come, let us bow down in worship;

let us kneel before the LORD who made us.

For he is our God,

and we are the people he shepherds, the flock he guides.

**R. If today you hear his voice, harden not your hearts.**

Oh, that today you would hear his voice:

“Harden not your hearts as at Meribah,

as in the day of Massah in the desert,

Where your fathers tempted me;

they tested me though they had seen my works.”

**R. If today you hear his voice, harden not your hearts.**

### PSALM 95: THIRD SUNDAY OF LENT, YEAR A



**R. If to - day you hear his voice, hard - en not your hearts.**

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## 2nd Reading Romans 5:1-2, 5-8

Brothers and sisters:

Since we have been justified by faith,  
we have peace with God through our Lord Jesus Christ,  
through whom we have gained access by faith  
to this grace in which we stand,  
and we boast in hope of the glory of God.

And hope does not disappoint,  
because the love of God has been poured out into our hearts  
through the Holy Spirit who has been given to us.

For Christ, while we were still helpless,  
died at the appointed time for the ungodly.

Indeed, only with difficulty does one die for a just person,  
though perhaps for a good person one might even find  
courage to die.

But God proves his love for us  
in that while we were still sinners Christ died for us.

The Word of the Lord

**~Thanks Be to God**

## Verse before the Gospel

Lord, you are truly the Savior of the world;  
give me living water, that I may never thirst again.



## Gospel John 4:5-42

Jesus came to a town of Samaria called Sychar, near the plot of land that Jacob had given to his son Joseph.

Jacob's well was there.

Jesus, tired from his journey, sat down there at the well.

It was about noon.

A woman of Samaria came to draw water.

Jesus said to her,

"Give me a drink."

His disciples had gone into the town to buy food.

The Samaritan woman said to him,

"How can you, a Jew, ask me, a Samaritan woman, for a drink?"

—For Jews use nothing in common with Samaritans.—

Jesus answered and said to her,

"If you knew the gift of God and who is saying to you, 'Give me a drink,' you would have asked him

and he would have given you living water."

The woman said to him,

"Sir, you do not even have a bucket and the cistern is deep;

where then can you get this living water?

Are you greater than our father Jacob, who gave us this cistern and drank from it himself

with his children and his flocks?"

Jesus answered and said to her,

"Everyone who drinks this water will be thirsty again;

but whoever drinks the water I shall give will never thirst;

the water I shall give will become in him a spring of water welling up to eternal life

The woman said to him,

"Sir, give me this water, so that I may not be thirsty

or have to keep coming here to draw water."

Jesus said to her,

## Gospel John 4:5-42

“Go call your husband and come back.”

The woman answered and said to him,

“I do not have a husband.”

Jesus answered her,

“You are right in saying, ‘I do not have a husband.’

For you have had five husbands,

and the one you have now is not your husband.

What you have said is true.”

The woman said to him,

“Sir, I can see that you are a prophet.

Our ancestors worshiped on this mountain;

but you people say that the place to worship is in

Jerusalem.”

Jesus said to her,

“Believe me, woman, the hour is coming

when you will worship the Father

neither on this mountain nor in Jerusalem.

You people worship what you do not understand;

we worship what we understand,

because salvation is from the Jews.

But the hour is coming, and is now here,  
when true worshipers will worship the Father  
in Spirit and truth;

and indeed the Father seeks such people to  
worship him.

God is Spirit, and those who worship him  
must worship in Spirit and truth.”

The woman said to him,

“I know that the Messiah is coming, the one  
called the Christ;

when he comes, he will tell us everything.”

Jesus said to her,

“I am he, the one speaking with you.”

At that moment his disciples returned,  
and were amazed that he was talking with a  
woman,

but still no one said, “What are you looking  
for?”

## Gospel John 4:5-42

or “Why are you talking with her?”  
The woman left her water jar  
and went into the town and said to the  
people,  
“Come see a man who told me  
everything I have done.  
Could he possibly be the Christ?”  
They went out of the town and came to  
him.  
Meanwhile, the disciples urged him,  
“Rabbi, eat.”  
But he said to them,  
“I have food to eat of which you do not  
know.”  
So the disciples said to one another,  
“Could someone have brought him  
something to eat?”

Jesus said to them,  
“My food is to do the will of the one who sent me  
and to finish his work.  
Do you not say, ‘In four months the harvest will be  
here’?  
I tell you, look up and see the fields ripe for the  
harvest.  
The reaper is already receiving payment  
and gathering crops for eternal life,  
so that the sower and reaper can rejoice together.  
For here the saying is verified that ‘One sows and  
another reaps.’  
I sent you to reap what you have not worked for;  
others have done the work,  
and you are sharing the fruits of their work.”

Many of the Samaritans of that town began to  
believe in him  
because of the word of the woman who testified,  
“He told me everything I have done.”  
When the Samaritans came to him,

# Gospel

John 4:5-42

they invited him to stay with them;  
and he stayed there two days.  
Many more began to believe in him because  
of his word,  
and they said to the woman,  
“We no longer believe because of your word;  
for we have heard for ourselves,  
and we know that this is truly the savior of the  
world.”

# Gospel

OR John 4:5-15, 19b-26, 39a, 40-42

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The woman said to him,

"Sir, you do not even have a bucket and the cistern is deep; where then can you get this living water? Are you greater than our father Jacob, who gave us this cistern and drank from it himself with his children and his flocks?"

Jesus answered and said to her,

"Everyone who drinks this water will be thirsty again; but whoever drinks the water I shall give will never thirst; the water I shall give will become in him a spring of water welling up to eternal life." The woman said to him,

## Gospel John 4:5-42

“Sir, give me this water, so that I may not be thirsty

or have to keep coming here to draw water.

“I can see that you are a prophet.

Our ancestors worshiped on this mountain; but you people say that the place to worship is in Jerusalem.”

Jesus said to her,

“Believe me, woman, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem.

You people worship what you do not understand;

we worship what we understand, because salvation is from the Jews.

But the hour is coming, and is now here, when true worshipers will worship the Father in Spirit and truth;

and indeed the Father seeks such people to worship him.

God is Spirit, and those who worship him must worship in Spirit and truth.”

The woman said to him,

“I know that the Messiah is coming, the one called the Christ;

when he comes, he will tell us everything.”

Jesus said to her,

“I am he, the one who is speaking with you.”

Many of the Samaritans of that town began to believe in him.

When the Samaritans came to him, they invited him to stay with them;

and he stayed there two days.

Many more began to believe in him because of his word,

and they said to the woman,

“We no longer believe because of your word; for we have heard for ourselves,

and we know that this is truly the savior of the world.”

## Profession of Faith:

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made,

consubstantial with the Father; through Him all things were made.

For us men and for our salvation He came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake He was crucified under Pontius Pilate, He suffered death and was buried,

and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and

is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and His kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son,

who with the Father and the Son is adored and glorified,

who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins

and I look forward to the resurrection of the dead

and the life of the world to come. **Amen.**

## Universal Prayer: Prayers of Petition

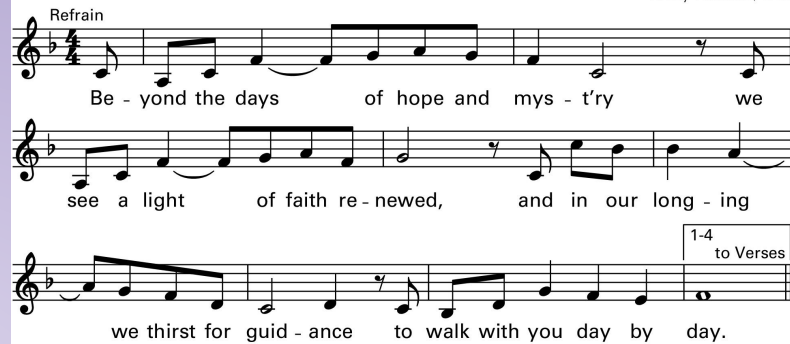
~ Lord, hear our prayer

# Offertory Song:

## BEYOND THE DAYS

Ricky Manalo, CSP

Refrain



Be - yond the days of hope and mys - t'ry we  
see a light of faith re - newed, and in our long - ing  
we thirst for guid - ance to walk with you day by day.

1-4  
to Verses

Final Verses

day, to walk with you day by day.

1. For - ty days and
2. Not on bread a -
3. In your hands, O
4. On our Lent - en

1. nights, you guide the steps of our jour - ney. May your
2. lone are we to walk on this jour - ney. Speak the
3. God, we feel the touch of your guid - ance. Keep us
4. path we see the dawn of a new day. Be our

3

to Refrain

1. pres - ence be felt in the whis - per of your voice.
2. words that give life to the yearn - ings of our hearts.
3. safe in your care: may your gen - tle - ness be there.
4. vi - sion of hope; be the prom - ise of our lives.

# Liturgy of the Eucharist

## Eucharistic Acclamations:

R: Blessed be God forever

R: Blessed be God forever

~\*~\*~\*~\*~\*~\*~

R: May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all His holy Church

~\*~\*~\*~\*~\*~\*~

R: And with your spirit

R: We lift them up to the Lord

R: It is right and just.

~\*~\*~\*~\*~\*~\*~

Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full, full of your glory.

Hosanna, hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna, Hosanna in the highest.

Hosanna, Hosanna in the highest.

# Liturgy of the Eucharist

~\*~\*~\*~\*~\*~\*~

We proclaim your Death, O Lord, and profess your Resurrection, until you come again.

Or

When we eat this Bread and drink this Cup  
We proclaim your Death, O Lord, until you come again

Or

Save us, Savior of the world,  
for by your Cross and Resurrection  
you have set us free

~\*~\*~\*~\*~\*~\*~

Amen, Amen, Amen, Amen, Amen

## AMEN

*Priest:* Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honor is yours, for ever and ever.



# The Lord's Prayer

*Our Father, Who art in heaven,  
Hallowed be Thy Name.*

*Thy Kingdom come.*

*Thy Will be done,  
on earth as it is in Heaven.*

*Give us this day our daily bread.*

*And forgive us our trespasses,  
as we forgive those  
who trespass against us.*

*And lead us not into temptation,  
but deliver us from evil.*

~\*~\*~\*~\*~\*~\*~

For the kingdom, the power and glory  
are yours now and forever.~Amen



## Sign of Peace

~\*~\*~\*~\*~\*~\*~

Lamb of God, you take away the sins of the world,  
have mercy on us.


Lamb of God, you take away the sins of the world,  
have mercy on us.

Lamb of God, you take away the sins of the world,  
grant us peace.

~\*~\*~\*~\*~\*~\*~

R: Lord I am not worthy that you  
should enter under my roof,  
but only say the word  
and my soul shall be healed.

## Spiritual Communion:

A photograph of a church altar. In the center is a red tabernacle with a white front panel. To the left is a white statue of the Virgin Mary holding the Christ Child. To the right is a white statue of a saint, possibly the Virgin Mary, standing on a pedestal. There are flowers on the altar and a white cloth draped over the front. The background is a plain wall with a white shelf on the right.

**My Jesus, I believe that you are present  
in the Most Holy Sacrament.  
I love you above all things,  
and I desire to receive you into my soul.  
Since I cannot at this moment receive You sacramentally,  
Come at least spiritually into my heart.  
I embrace You as if You were already there  
And unite myself wholly to You.  
Never permit me to be separated from You.  
Amen.**

# Communion Song:

## GOD OF MERCY

Ricky Manalo, CSP and Bob Hurd

Refrain

God of mer - cy, ho - ly mys - t'ry, ev - er faith - ful one,  
you have pitched your tent a - mong us, rec - on - cil - ing love.  
Heart and mind of Christ, live with - in our lives,  
form us in - to peo - ple of mer - cy and grace.

Verses

1. You have called us each by name in your great com -
2. Slow to an - ger, rich in love, you be - stow for -
3. In our midst as one who serves, break - ing down di -
4. Reach - ing out to those in pain, wound - ed and a -
5. In the word of truth you speak, word of hope and
6. In this Bread we break and share, in this Cup of

1. pas - sion, en - com - pass - ing our fail - ings with mer - cy.
2. give - ness. May we, in turn, for - give those who harm us.
3. vi - sions, to all in need you send us as neigh - bor.
4. ban - doned, may we cre - ate safe ha - vens for heal - ing.
5. chal - lenge, you sum - mon us to speak for the voice - less.
6. bless - ing, you sum - mon us to work for true jus - tice.

to Refrain

1-6. God of mer - cy, lead us.

# Concluding Rite

## Closing Song:

### GRACIOUS GOD

Jesse Manibusan



1. Lead us, Lord, in - to the des - ert; lead us through the
2. In this time of sa - cred strug - gle, in this time of
3. Lord, we hun - ger for your pres - ence; Lord, we're thirst - ing
4. Teach us, Lord: who is our neigh - bor? Is it friend, or



1. wil - der - ness. Through this jour - ney we will fol - low,
2. sac - ri - fice, we re-joice, for we re - mem - ber
3. for your grace. When con-sum - ing all but you, Lord,
4. en - e - my? When we wel - come or con-demn them,



1. for we long to see your face.
2. that you lead us in - to life.
3. all we gain is emp - ti - ness.
4. it is you, O let us see.



Gra - cious God, mer - cy is your name. Re - deem -  
Gra - cious God, we bless your ho - ly name. Re - ceiv -



ing Love, you give your life a-way.  
ing love, we give our lives a-way.



Thank you, again, for joining us today for Mass!  
~\*~There is nothing like receiving the Holy Eucharist~\*~